

CLOUD NINE YOGA IMMERSION

3-Week Yoga Teacher Training (300-hr, 500 RYT Certification)

A TROPICAL TRANSFORMATION ...in the spirit of ALOHA

Join us in the spirit of Pele, near one of the most active volcanoes in the world: Mauna Loa. Ignite your internal fire through spiritual and physical cleansing.



Have you considered a Master Yoga certification course yet prefer to take a break from your normal life? This 3 week Edu-Vacation will be a pulsing with radiant YOGA studies, yet fully supported by community, nature and quiet moments of deep healing.



Join Erika Faith Calig, Terra Ann and guest teachers as we delve deep into the playful, ecstatic and exploratory style of Cloud Nine Yoga.

The Wow of Immersion

Our full days of Yoga anatomy, philosophy, history, practices, Sangha (sacred council) and Seva (meditative action) will be enhanced with Tropical Cuisine from on-site and local farms as well as:

- A Dolphin Excursion in Kona
- Trip to Ancient Warm Ponds
- Spirit Hula Dance with Kumu Ehulani
- Lava Field Walk
- Hike to Waterfalls on the Hamakua Coast
- Local Farmer's Market Shopping



Timing It All

- Arrival by the afternoon of June 11th for settle in and Welcome Dinner
- June 11th - July 1st: Yoga Immersion
- Evening of July 1st: Hawaiian Style Graduation Celebration
- Departure: July 2nd

A Day In The Life...

7:00 AM – 9:00 AM	MORNING YOGA PRACTICES
9:00 AM – 10:00 AM	BLISSFUL BREAKFAST
10:00 AM – 12:30 PM	LOTUS LECTURES
12:30 PM – 2:30 PM	LOVE LUNCH + FREE TIME
2:30 PM – 6:30 PM	ASANA & ANATOMY INTENSIVES
6:30 PM – 7:30 PM	DIVINE DINNER
7:30 PM – 9:00 PM	REST/STUDY



Pricing & Inclusions*

- Cloud Nine Yoga 300 hr In-Depth Studies & Yoga Teacher Certification Tuition
- Dolphin Excursion & Group Tours
- Airport Shuttles (arrival and departure)
- Tropical Cuisine + fresh coconuts
- Ozone Jacuzzi & Infrared Sauna
- Special Music Performances and Select Community Events

\$9,495 Private Room, Single Occupancy (Tempurpedic Bed in Lodge Room)
\$8,795 Shared Occupancy in EcoChic Accommodations (Eco-pod or Jungalow)
\$5,595 Local or Stay Off Site
(Hawaii state taxes included)

* Air Transportation not included. Airfare to Hilo International Airport is participant's responsibility. Please purchase required Course Materials prior to travel and bring with you. Bring spending money for tips, snacks, shopping and farmer's market.



Optional Services Available:

- Watsu (gentle, soothing massage in healing waters of champagne ponds)
- Massage w/ Certified Massage Therapists
- Colon Hydrotherapy

Making Payments:

- Checks Paid In Full before April 11th, Receive \$500 discount.
- Credit Card Payments incur 5% processing fee
- Mail payment, along with your application to:

Cloud Nine Yoga Hawaii
PO Box 1222
Pahoa, HI 96778

Contact

To Begin Registration, download the Application at:
<http://cloudnineyoga.com/train/schools/hilo-hawaii/>

Call Terra Ann @ 310.261.2587 or email: Yoga@HawaiianSanctuary.com

Books must be ordered/purchased upon registration: CLICK HERE for information:
<http://cloudnineyoga.com/train/curriculum/required-reading-material/>

Check out www.HawaiianSanctuary.com for more details about the land where we gather.

Your Courageous Teachers & Leaders, of Cloud Nine Yoga Hawaii:



Erika Faith Calig, E-RYT 500, Founder & Director of Cloud Nine Yoga School, LLC and Head Teacher for CNY Trainings USA & Abroad: With over 20 years of experience in Yoga and Transpersonal Psychology, Erika facilitates awakening in her students through sacred movement, aromatherapy, inspirational music, poetry and art. She assists each person to find heartfelt answers by asking the right questions and cultivates internal sacred healing space for a peaceful life and practice. Erika is an influential Master Teacher who has been carefully training and uplifting Yoga Teachers since 1999. Her kindness meditations, electrifying sequences and loving presence are memorable to all who experience her teaching. Her other Yoga practices include: being a Mommy, gardening, conscious living and having an extraordinary marriage with her husband, Adam.



Terra Ann Pracht, E-RYT 200, Director of Programs at Hawaiian Sanctuary, Center for Well Being, and Cloud Nine Yoga Senior Trainer. Terra Ann thrives by gathering Spirit Family for Education and community Health thru yoga trainings, fasting retreats/cleanses, farm studies and more. Based on the teachings of Erika Faith and Rodney Yee, Terra Ann guides proper technique with compassion for every BODY. The Hawaii Cloud Nine Yoga School is grounded by her year-round commitment to gathering the best teachers and RIPE students to share in Tropical Transformations. She is a coach for Yoga Teachers reminding us to be gentle with all that come to our classroom. It's a special art of listening and guiding. *Let US build commUNITY.*