

CLOUD NINE YOGA IMMERSION

2-Week Yoga Teacher Training (200-hr RYT Certification)

A TROPICAL TRANSFORMATION ...in the spirit of ALOHA

Join us in the spirit of Pele, near one of the most active volcanoes in the world: Mauna Loa. Ignite your internal fire through spiritual and physical cleansing.



Have you considered a certification course, yet prefer to take a break from your normal life? This 2 week Edu-Vacation will be pulsing with radiant YOGA studies, yet fully supported by community, nature and quiet moments of deep healing.



Join Erika Faith Calig and Terra Ann with Special guest teachers as we delve deep into the playful, ecstatic and exploratory style of Cloud Nine Yoga.

The Wow of Immersion

Our full days of yoga anatomy, philosophy, history, practice, Sangha (sacred council) and Seva (meditative action) will be enhanced with Tropical Cuisine from on-site and local farms as well as:

- A Dolphin Excursion
- Trip to Ancient Warm Ponds
- Snorkeling with vibrant, tropical sea life
- Black sand beaches
- Spirit Hula Dance
- Aloha Spirit Studies

Timing It All

- Arrival by the evening of January 6, 2013.
- January 7 - January 20: Yoga Immersion (departure evening of January 20)
- Evening of January 19th: Hawaiian Style Graduation Celebration
- Departure: January 20th (most flights leave from the Big Island in the evening)

A Day In The Life...

6:30 AM – 9:00 AM	MORNING YOGA PRACTICE
9:00 AM – 10:00 AM	BLASTOFF BREAKFAST
10:00 AM – 12:00 PM	LOTUS LECTURES
12:00 PM – 2:30 PM	SOUL SHINE LUNCH + PLAY TIME
2:30 PM – 6:30 PM	ASANA & ANATOMY INTENSIVES
6:30 PM – BEDTIME	DINNER, EVENING PROGRAMS, FREE TIME



Pricing & Inclusions*

- Cloud Nine Yoga 200 hr In-Depth Studies & Yoga Teacher Certification Tuition
- Dolphin Excursion
- Group Tours
- Tropical Cuisine
- Ozone Jacuzzi & Infrared Sauna
- Special Music Performances and Select Community Events

\$4,795 Private Room

\$3,995 Shared Occupancy

\$2,995 Local - Kama Aina

+ *Hawaii State tax of 4.6%*

* Transportation not included. Airfare to Hilo International Airport and shuttle fees are participant's responsibility. Please purchase required Course Materials prior to travel and bring with you. Bring spending money for tips, snacks, shopping and farmer's market.



Optional Services Available:

- Massage w/ Certified Massage Therapists
- Colon Hydrotherapy

Making Payments:

- Checks Paid In Full before November 5th, Receive \$200 discount.
- Credit Card Payments incur 4% processing fee
- Mail payment, along with your application to:

Cloud Nine Yoga Hawaii
PO Box 1222
Pahoa, HI 96778

Contact

To Begin Registration, call Terra Ann @ 310.261.2587 or email:
Yoga@HawaiianSanctuary.com

Books must be ordered/purchased upon registration: [CLICK HERE](http://cloudnineyoga.com/train/curriculum/required-reading-material/) for information:

Check out www.HawaiianSanctuary.com for more details about the land where we gather.

Your Fearless Teachers & Leaders



Erika Faith Calig, E-RYT 500, Founder & Director of Cloud Nine Yoga School, LLC and Head Teacher for CNY Trainings USA & Abroad: With over 20 years of experience in Yoga and Transpersonal Psychology, Erika facilitates awakening in her students through sacred movement, aromatherapy, inspirational music, poetry and art. She assists each person to find heartfelt answers by asking the right questions and cultivates internal sacred healing space for a peaceful life and practice. Erika is an influential Master Teacher who has been carefully training and uplifting Yoga Teachers since 1999. Her kindness meditations, electrifying sequences and loving presence are memorable to all who experience her teaching. Her other Yoga practices include: being a Mommy, gardening, conscious living and having an extraordinary marriage with her husband, Adam.

"Erika has created a safe haven for students of all levels, ages and abilities to learn how to share the benefits of yoga. This phenomenal woman has a presence that lights up a room. She makes people laugh and has the power to help shift a person's inner dialogue. A great many teachers emulate the grace, playfulness and community that Erika brings to this world." - Lawrence Walters, Astrologer

Terra Ann Pracht, Director of Programs @ Hawaiian Sanctuary, Center for Well Being PLUS Cloud Nine Yoga Tribe Member for over 7 years (E-RYT 200). Terra Ann thrives by gathering Spirit Family for Education and community Health thru yoga trainings, fasting retreats/cleanses, farm studies and more. Based on the teachings of Erika Faith and Rodney Yee, Terra Ann guides proper technique with compassion for every BODY. The Hawaii Cloud Nine Yoga School is grounded by her year-round commitment to gathering the best teachers and RIPE students to share in Tropical Transformations. She is a coach for Yoga Teachers reminding us to be gentle with all that come to our classroom. It's a special art of listening and guiding. *Let US build commUNITY.*

"Terra Ann has the most intimate way of relating as a yoga teacher. She fully participates with ones needs in a way that is fun, sensual, and fully compassionate to ones being" - Dawn Hurwitz



Blessings from the Hawaii Cloud Nine Yoga 'Ohana