## April 7 – 10, 2016 :: Vail Lake Temecula, CA MOONifesting Miracles :: Cloud Nine Yoga Retreat

"All roads lead to nowhere, so choose the path with heart." - Carlos Castenada

Book your Appointment: **The Bodywork Healing Sanctuary** at Site #23 With Jocelyn, Jason, or Crystal – Certified Massage Therapists \$75/per hour

# **Class Schedule**

THURSDAY, April 7 :: ALL CLASSES TODAY HELD AT THE PARLOR 12 – 4:30 pm Arrival, Set Up Camp & Settle In 5:00 pm Happy Hour Yoga Practice led by Erika Faith 6:30 pm Calling in the Directions ~ Opening New Moon Ceremony led by Stella 7:00 pm Welcome & Staff Introductions 8:00 pm Nathan & Jessie Fun Music

### FRIDAY, April 8 :: ALL CLASSES TODAY HELD AT THE CLEARING

7:30 am Soul Medicine: Meditative Slow Flow, Deep Stretch led by Frankie
9:00 am Let Your Light Shine: Morning Mantra Hike led by Adriane
10:30 am MOONifesting Arrows: A Sacred Art Project with Erika Faith
12:00 pm Lunchtime Ayurveda Circle with Siva
2:00 pm Thai Yoga Massage led by Chadd
3:30 pm Acro Yoga led by Anthony & Mod
5:00 pm Yin Yoga & Sound Healing with Jonathan & Sandra
6:30 pm JINNER BREAK
8:00 pm Yoga Glow Dance Party with MC Zaire Black

SATURDAY, April 9 :: ALL CLASSES HELD TODAY AT THE CLEARING

7:30 am Morning Miracles AyurYoga with Susanna

9:00 am Kundalini Chakra Balancing Yoga with Larisa

10:30 am Nature's Mandalas: Art Meditation & Altar Creation with Hannah

12:00 pm Lunchtime Yoga Sutras Talk with Erika

2:00 pm Namaste Reggae Flow with Scott

3:30 pm Partner Yoga with Crystal & April

5:00 pm Sunset Shakti Yoga Hike with Adriane

6:30 pm DINNER BREAK

8:00 pm Concert: Larisa Stow & Shakti Tribe

SUNDAY, April 10 :: ALL CLASSES TODAY HELD AT THE PARLOR 7:30 am Good Rising Reiki Restorative led by Chadd 9:00 am Sacred Sunday Yoga Unraveled with Erika Faith 10:30 am Closing Circle with Adriane

\* Plans subject to change without notice. Please remain a flexible yogi! \*

PLEASE RESPECT OTHERS AND OBSERVE QUIET HOURS BETWEEN 10PM - 7AM

#### Kids Yoga Camp Hours & Schedule

Meeting Locations: Thursday & Sunday @ the Lounge Friday & Saturday @ the Grass Patch

*Thursday: 5pm – 7pm w/ Alex* Yoga Sign Language, Mandala Coloring

Friday: 9am – 12n w/ Lalique & Chadd Scavenger Hunt, Mini Golf, Aqua Yoga Pool Time

**2pm – 5pm w/ Hannah & Susanna** Weaving Nature, Music & Sound Healing, AyurYoga for Kids

> Saturday: 9am – 12n w/ Alex & Kelly Crafty Critters, Yogi Says, Hike & Go Fly A Kite

> > **2pm – 5pm w/ Lalique, Chadd** Basketball, Bubbles, & Bird Feeders

Sunday: 9am – 11am w/Lalique Volleyball, Yoga, & Ice Cream

Supplies Needed: Soup Cans Yarn Bubbles Scavenger Hunt List Mandala Pages & Coloring Pens/Crayons Kites

### MAKE SURE TO BRING:

Table & Chairs Carpet/Rugs/Padding 30V to 15V Converter Power Strips Twinkle Lights/Flags/Tapestries FOOD, Drinks, Snacks Firewood Bike Blankets/Pillows Good Shoes Long Pants Layers for all Weather Vessels for drinking, Bowl for eating, Utensils for Food

# PRICING

3-Day TICKETS \$272 adults, \$149 kids under 12

DAY PASSES Available on Friday & Saturday 7:30 am – 10:00 pm \$108 per day adults \$54 per day kids under 12

Registration will close 24 hrs before our Festival.

### Check in, Set up, and Festival Assistants Tyler Humphrey

Tyler Humphrey Adam Calig Scott Wyckoff

LEAVE NO TRACE