



cloud nine yoga

studio & school

CLASS SCHEDULE

MONDAY 9:00^{am} - 10:30^{am} Yoga Unraveled - *Erika*
10:00^{am} - 11:30^{am} Yoga of the Heart - *Andrea*
11:45^{am} - 1:00^{pm} Gentle Yoga - *Vicki*
5:00^{pm} - 6:15^{pm} Aligned Yoga - *Leslie*
6:30^{pm} - 7:45^{pm} Candlelight Flow/All levels - *Kelly*
7:00^{pm} - 8:15^{pm} Slow Flow & Restorative Yoga - *Amy*

TUESDAY 9:00^{am} - 10:15^{am} Cloud Nine Flow/All levels - *Adriane*
10:00^{am} - 11:30^{am} Slow Flow & Restore - *Lorrie*
11:00^{am} - 12:15^{pm} Soul Mantra Yoga - *Shaye*
11:45^{am} - 1:00^{pm} Gentle Yoga - *Vicki*
5:30^{pm} - 6:45^{pm} Yin Yoga Meditation - *Erika*
7:00^{pm} - 8:15^{pm} Cloud Nine Flow/All levels - *Erika*

WEDNESDAY 7:30^{am} - 9:00^{am} Kundalini Yoga - *Devi Atma Kaur*
9:00^{am} - 10:30^{am} Cloud Nine Flow/All levels - *Kelly*
10:00^{am} - 11:30^{am} Yoga of the Heart - *Andrea*
11:45^{am} - 1:00^{pm} Gentle Yoga - *Vicki*
4:00^{pm} - 5:00^{pm} Tai Chi / Intermediate - *Deejay*
5:00^{pm} - 6:15^{pm} Aligned Yoga - *Leslie*
6:30^{pm} - 7:45^{pm} Candlelight Flow/All levels - *Adriane*

THURSDAY 9:00^{am} - 10:15^{am} Cloud Nine Flow/Intermediate - *Adriane*
10:00^{am} - 11:30^{am} Slow Flow & Restore - *Amy*
11:00^{am} - 12:15^{pm} Soul Mantra Yoga - *Shaye*
11:45^{am} - 1:00^{pm} Gentle Yoga - *Vicki*
1:15^{pm} - 2:30^{pm} Connected Warriors/Military Personnel Free - *Amy*
5:30^{pm} - 6:45^{pm} Yin Yoga Meditation - *Erika*
7:00^{pm} - 8:15^{pm} Cloud Nine Flow/All levels - *Erika*

FRIDAY 9:00^{am} - 10:30^{am} Yoga Unraveled - *Erika*
11:00^{am} - 12:30^{pm} Kundalini Yoga - *Devi Atma Kaur*
11:45^{am} - 1:00^{pm} Gentle Yoga - *Leslie*

SAT 9:00^{am} - 10:15^{am} Cloud Nine Flow/All levels - *Adriane*
10:00^{am} - 11:15^{am} Aligned Yoga - *Lorrie*

SUN 9:00^{am} - 10:30^{am} Yoga Unraveled - *Erika*
4:00^{pm} - 5:15^{pm} Restorative Yoga - *Cheryl*
5:30^{pm} - 7:00^{pm} Yoga for 12 Step Recovery - *Amy*

Class schedule subject to change at any time.

REFERRED BY: _____

Visit our website for more information, events, trainings and workshops:

www.cloudnineyoga.com

NEW STUDENT SPECIAL

Two (2) weeks unlimited for \$30

14 consecutive days, unlimited classes for \$30. Try them all!

DROP INS

\$16 Per Class

MEMBERSHIP

Annual membership - \$1,188

Unlimited membership with 12 month agreement - \$108

Unlimited membership with 3 month agreement - \$120

Unlimited membership with no contract - \$140

CLASS PACKAGES

Five (5) class package (\$14 a class) - \$70

Ten (10) class package (\$13 a class) - \$130

Twenty (20) class package (\$12 a class) - \$240

(Class schedule subject to change.

Class packages are non-transferable and non-refundable.)

Cloud Nine is a registered yoga school with
Yoga Alliance since 2002.



Representing heaven on earth since 1995.


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cloud nine yoga

studio & school

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