

KAUAI CLOUD NINE YOGA IMMERSIONS

Ready Yourself for a TROPICAL TRANSFORMATION...in the spirit of ALOHA!

Kaua'i is the eldest of the main Hawaiian Islands, known as the Garden Isle for its lush green mountain landscapes. From the immense cliff side waterfalls, to the deep drop of Waimea Canyon, to the picturesque sandy beaches – this powerfully beautiful island is an enchanted place to immerse in spiritual study.



Are you considering a YOGA TEACHER certification course yet rather take a break from your everyday life and fully immerse yourself in the yogic lifestyle? Our “Edu-Vacation OMMersion Retreat” will be filled with all things YOGA, yet fully supported by the Spirit of Aloha.



Join Erika Faith Calig, E-RYT 500 or a Yoga Teacher Training and Certification course in Kaua'i, complete with island excursions, healthy eats, friendly atmosphere, and a life experience like no other. Cloud Nine Yoga School is Yoga Alliance Registered at the highest level since 2002. We provide heart-centered, permission-based educational curriculum in the sacred art of Hatha Yoga.

Our unique training program focuses on the spiritual aspects of a Living Yoga -- essential practices we weave into daily life, influenced by ancient traditions. The playful teachings of Cloud Nine Yoga School include Art Meditation, Honoring the Divine Feminine, Lunar Salutations, Adaptive Yoga, Aromatherapy, Astrology, Tarot, Yogi Nutrition, and Reiki -- all of which are an integral part of the holistic healing experience we offer. Our home sanctuary creates a retreat like no other and will enhance your journey with a plethora of delights for all the senses.

INCLUSIONS along with your yoga training and home stay ~

- Vegan Cuisine: 2 meals per day (except excursion/transition days)
- Ground Transportation + Airport pick up/return
- Hula Dance Classes / Hawaiian Culture
- Hiking, Beaches, and Farmer's Markets
- Local Experiences few tourists know of



DAILY SCHEDULE

Mornings: 8:00 am - 10:00 am Yoga Practice/Lectures

10:30 pm Blissful Brunch

Afternoons: 11:00 am - 6:00 pm Training Workshops/Excursions

6:30 pm Supper/ Dinner

Evenings: 7:30 - 9:30 pm Study/Rest/Seva/Sangha

RETREAT TUITION from \$4999 - \$6499 (depending on sleeping option)

Cloud Nine Yoga Teacher Certification Immersions are a package deal.

200-hr In-Depth Training and Basic Yoga Certification (16 days)

300-hr Advanced Yoga Teacher Training & Certification (22 days)

What's not included: Round-trip Airfare to Kaua'i from wherever you are, required course materials (books), off-site meals/shopping, and optional services such as massage. Please budget these items accordingly.

DISCOUNTS pay in full at time of registration for 10% off!

We offer kama'aina discounts when you stay or live offsite (you must have your own transportation in this case)

SLEEPING OPTIONS

Aloha Suite w/ 2Q Beds, Shared Bath (up to 4 persons sharing)

Moana Suite w/ 1Q Bed, 1 Pull-out Couch, Shared Bath (up to 3 people sharing)

Makali'i Single Outdoor Lanai Daybeds, outdoor shower, indoor toilet (2 available)

Nalu Sunroom Couch Surfing, outdoor shower, indoor toilet (1 available)

Ki Living Room Floor Sleeping, outdoor shower, indoor toilet (4 available)

Kama'aina / Offsite stay (home stay excluded, meals included)



Purchase & Order your books:

<http://cloudnineyoga.com/train/curriculum/required-reading-material/>

To Begin Registration, download and fill out our registration form and email to:

erika@cloudnineyoga.com

Payments can be made through our invoice system. Please contact Erika Faith Calig by calling or texting our business line at: 310-989-0878