

Continuing Education Training & Teacher Certification - Learning Plan

Cloud Nine Yoga, LLC has certified Yoga Teachers worldwide since 2002.

We have 30 extremely skilled trainers with a well-organized curriculum, supporting Yoga students and teachers in expanding their knowledge and solidifying their training. Our professional staff can assist you in becoming a competent, sensitive, and uplifting guide to all ages, all levels, and all bodies.

Our RYS (Registered Yoga School) has FIVE specialized programs offered in association with the National Registry of Yoga Schools, called The Yoga Alliance.

These courses are: [100 RYT Children's Yoga Teacher Certification](#), [100 RYT Prenatal Yoga Teacher Certification](#), [200 RYT In-Depth Yoga Training & Basic Yoga Certification](#), [300 RYT Advanced Yoga Training and Certification](#) and [50 Hr Continuing Education Yoga Training Certification](#). Programs are offered in Hawaii as an Immersion Program, or held in various US locations in a 4-5 month course structure. Our Trainings are designed to impart knowledge and confidence in teaching yoga and focused on adapting the Yogic techniques to make it accessible to anyone -- even those with restrictions.

Prerequisite: Completion of any 200 hr Basic Yoga Teacher Certification course, practicing Yoga Teacher for a minimum of 1 year.

There are many valuable and nourishing modalities that work well with Asana-based classes. Therefore, we have continuing education workshops and trainings in a wide-range of supplemental and complementary techniques. Yoga is not just a movement practice. It involves a relationship with the wider ranges of human conditions, metaphysical states, and wellness. In our school, we go way beyond the ancient and modern practices of Hatha Yoga and venture into the vast subjects from many of the world's mystical traditions. Some are new, some are old, some are AGELESS! We hope you will join us for a 5 - 7 day Immersion in Yoga.

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Just a few of our Courses are: Energy Anatomy & The Subtle Body, Thai Yoga Massage, Kino Mana lomilomi, Kundalini Yoga, Ayurveda, Yogi Nutrition & Kriyas, Yoga Nidra, Yin Yoga & Buddhist Meditation, Vijnana Bhairava Tantra Studies, Vedic & Western Astrology, Oracles: Tarot & Divination, and Reiki. And this is the "short list" in an infinite realm of progressive, evolutionary teachings that are around the world!

We know the value of connecting. Healing ourselves is the first step. The next is to bring our relationships to optimal health. This means our partnerships in love, work, and family.

But it also means our impact on the Earth by means of our actions, behaviors, and consumerism. Our wish is to advance our understanding of who we are as humans in this Web of Life, so that we increase the resources, fulfillment, and stabilize the structures so that we can sustain life. All beings must thrive in our hands! Given our technologies and advancements, utilized properly and morally, we can improve the quality of life everywhere.

Week Long Uplifting Continuing Education Courses are held in Kauai throughout the Year.

See our current offerings at: <https://cloudnineyoga.com/continuing-education-courses/>