CLOUD NINE YOGA HAWAII TRAINING IMMERSION

10-Day Advanced Training Modules for 300 RYT

Ready Yourself for a TROPICAL TRANSFORMATION...in the spirit of ALOHA!

Hawaii is the youngest of the main Hawaiian Islands, still being created by lava flow from the majestic Kilauea Volcano. From the immense waterfalls along the Haumakua Coast to the bustling farmer's markets at Maku'u, across the island to the deep blue waters of Kawaihau and the black sand beaches of Puna – this vibrant island is a powerful and unique setting for spiritual immersion and adventure.



Are you considering a certification course yet rather take a break from your everyday life and fully immerse yourself in the yogic lifestyle? This 10-day Edu-vacation will be filled with all things YOGA, yet fully supported by the Spirit of Aloha.



Join Erika Faith Calig, E-RYT 500, special guest instructors, and students from all over the world in our Yoga Alliance Registered course. This immersion covers 3 of 6 Modules of our Advanced Yoga Teacher Certification. Students complete the remaining 300-hr coursework in a self-paced format.

Experience the Breathtaking Landscapes of Hawaii!

Training days are filled with experiential yoga anatomy, yogic philosophy, posture breakdowns, and practice teaching. Between curriculum and sleep, island excursions to hike, beach, explore, and chill are planned.

Our sanctuary in Hilo will enhance your journey. This private haven provides both our practice space and a place of rest between activities and classes. It is here we will nourish ourselves physically. The retreat provides a stocked fridge and pantry with basic breakfast and lunch items, snacks, and fresh fruits in season.

The healing waters of the island are truly a special aspect of which we experience as a group – from a private boat tour (weather permitting) to seeing the turtles in their natural environment at Carl Smith State Beach. There are plenty of waterfalls and botanic gardens a stone's throw from our home base.

INCLUSIONS along with your yoga training ~

- Island Excursions to beaches, waterfalls, and sacred sites
- Hula Dance Classes, live music experiences
- Farmer's Markets, local shopping adventures



SAMPLE DAILY SCHEDULE:

8:00 am – 10:00 am Morning Transition 11:00 am – 12:30 pm Afternoon Outing 3:30 pm - 5:00 pm Dinner Transition 7:30 pm - 9:00 pm

Guided Yoga Practice
Breakfast + Personal Time
Anatomy & Daily Lesson Highlights
Lunch + Excursion, Hike, or Activity
Lecture & Peer Teaching
Take Turns Cooking a Meal for the Group!
Evening Sangha

PRICING

Includes Cloud Nine Yoga 300-hr Module 1-3 & 4-6 tuition fees, Airport pickup/drop off from ITO International Airport, Group Tours/Excursions, basic breakfast/lunch/snack items to make your meals in house, and private lodging in an ocean-view modern residence. Students who are enrolled complete their remaining 300-hr coursework in a self-paced, online format.

Not included: Round-trip Airfare, Required Course Materials (books), Off-Site meals/shopping, or optional services such as massage, horseback riding, etc. Budget accordingly.

COST \$5399 Private room, shared bath (4 available) \$3399 Off-site stay (transportation not included)



Books must be ordered/purchased upon registration: CLICK HERE for information: http://cloudnineyoga.com/train/curriculum/required-reading-material/

To Begin Registration, fill out this <u>FORM</u>
Contact: Erika Faith Calig - 310.989.0878 / yogaoncloud9@gmail.com